The purchase of and application of any aromatherapy product or essential oil formula is the sole responsibility of the user. Aromatherapy is for external use only. Information and statements regarding the efficacy – defined as the degree to which a method brings about a specific result -- of aromatherapy, as it applies to any of GSPI dba Just Relax® products, are not intended to diagnose, treat, cure or prevent any illness, health malady or disease. They are to be used for self-care, natural healing, and to promote and sustain wellness. No therapeutic claims are made, can be made, or will ever be made by us.

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CONSULT A LICENSED HEALTHCARE PROFESSIONAL, SHOULD THE NEED ARISE, PARTICULARLY IF YOU ARE PREGNANT OR UNDER MEDICAL SUPERVISION.

The officers, directors, consultants, distributors, independent contractors, resellers, wholesalers, affiliates, drop ship customers and others, who currently participate with, or who may participate with GSPI dba Just Relax® in the future, do not claim to be medical practitioners, unless they are.
We / they do not, will not and cannot diagnose, treat or prescribe any medical treatment, or give advice, unless they are specialists in a particular field in which they are duly licensed, and are therefore allowed by law to diagnose their patients’ conditions.

You should always discuss treatment of medical conditions with a licensed medical practitioner or pharmacist before using any alternative therapies.

The following safety precautions are guidelines only. We recommend that you consult a qualified aromatherapist about the uses and application of essential oils, and that you inform your primary care physician and pharmacist what you are using, as essential oils may not (and probably will not) be recommended for use in combination with prescription medications.

During any stage of pregnancy, particularly in the first trimester – two of our three aromatherapy formulas containing marjoram – namely, Just Relax ® and Sleep Naturally ® -- should not be used.

If you are concerned about allergies to any natural substances, contact us before purchasing any of our products.

- Keep our products in a secure, cool place, away from children and pets.
- To insure satisfaction, continued potency of product, and safety, read and follow our printed instructions, as well as our instructions online.
- Do not combine our aromatherapy blends with any other medication, herbal formulas, whether topical or oral, or any homeopathic products.
- Never use essential oils on your skin without diluting them first with a carrier oil. We have done that for you. We use grapeseed oil, instead of nut oil, as a carrier oil, to avoid any potential allergic reactions. To apply our formulas directly to the skin, order them from us, diluted 50/50 with grapeseed oil, in roll-on bottles.
- A skin patch test is recommended prior to using any essential oils. If you experience any soreness, redness or irritation, discontinue use immediately.
- If one of our essential oil blends gets into your eyes, flush immediately with a carrier oil or cold milk. Seek medical attention if the stinging or irritation persists.
- More product information is available on 5 pages: www.justrelax.cc/aroma.htm (you'll find two (2) blends: Just Relax ® and Stress Relief). Sleep Naturally ® is not a new blend. Our best-selling sleep aromatherapy blend was renamed in December, 2015. Go to: www.justrelax.cc/sleepnaturally.htm (SN main), and the three Sleep Naturally web pages that follow: SN general product info, SN instructions for use and SN retail sales.

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Contact your healthcare provider immediately if you suspect that you have a medical condition or problem. The statements regarding our products, and the ingredients contained therein, have not been presented to or evaluated by the FDA, which agency governs products that are taken by mouth, including but not limited to food and drugs, both over-the-counter and prescription.

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